

IMMEDIATE RELEASE

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Maxbury Crossing Publishers Release First Book

Park City, UT –Maxbury Crossing Publishers, in Park City, UT will be releasing their first book on Monday, January 25, 2010. The 8.5 x 11 perfect-bound book, has an attractive athletic look and feel, and is titled “The End Game Diet” by Bryan R. Daybell. Included in the back inside cover is an audiobook CD, at no additional cost to the consumer. Maxbury Crossing Publishers is located at 1960 Sidewinder Drive, Suite 105, Park City, UT 84060. Future releases by Maxbury Crossing Publishers have not yet been announced.

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About The End Game Diet:

The End Game Diet is based on sound nutritional principles and uses normal foods to end the dieting game. It is a complete guide to improving one’s diet that can be maintained for a lifetime and is not a fad diet, although weight loss can be substantial. In addition to the 7-day sample menu plans for both men and women, it includes nutritional values listings for many readily available food items. It has a shopping list to allow dieters to get started right away. Another added advantage about this diet is the encouraging and empowering statements throughout the book. An audiobook CD is included in the low price of \$19.95 and it can be purchased online at www.endgamediet.com starting **January 25, 2010**.